



ONE

Devotional 2026



**20 YEARS  
RESTORING FAMILIES  
WITH GOD**





# ONE BODY

ROMANS 12:4-5 NLT

***JUST AS OUR BODIES HAVE MANY PARTS AND EACH PART HAS A SPECIAL FUNCTION, SO IT IS WITH CHRIST'S BODY. WE ARE MANY PARTS OF ONE BODY, AND WE ALL BELONG TO EACH OTHER.***

Scripture teaches us that the Church (the people of God) should be born, look, and function like the human body. It begins with a single cell: the zygote. Within that cell is already all the information, the design, the identity, and the potential to form: the brain, the heart, the bones, the skin, every organ, and system.

Once the zygote is formed, the information remains. No information is added after it is created; everything is already there from the beginning in the DNA. It simply reproduces and multiplies just as God designed it.

*In him was life; and the life was the light of men.*

**John 1:4 KJVAE**

Christ is that original life, that cell from which everything originates; He is the DNA of the Church. The Church is not born from ideas, programs, or structures; it is born from Christ as its initiator and sustainer. He is life, the Author and Finisher of our faith, and that faith leads us to multiply His DNA, and therefore, His life.

*For other foundation can no man lay than that is laid, which is Jesus Christ.*

**1 Corinthians 3:11 KJVAE**

Cells multiply (orderly growth) without losing their identity; each one knows what it should be. It doesn't try to be something else, it doesn't compete, it doesn't compare itself, and it doesn't improvise its function. An eye cell doesn't try to be a heart. A liver cell doesn't want to be a brain. A foot cell doesn't consider itself inferior to a mouth cell. Each one fulfills its function, and together they function, fulfilling their purpose.

*For as the body is one, and hath many members and all the members of that one body, being many, are one body: so also is Christ.*

**1 Corinthians 12:12 KJVAE**

In the human body, the conflict isn't diversity- it's the lack of unity. The problem arises when a cell stops obeying the design. The same is true for the people of God (the Church): a lack of identity leads to division, division hinders the proper functioning of the body, and this leads to a loss of purpose. A church without purpose cannot govern, and if for some reason it were to attain a position of authority, being divided and without a clear purpose, it will never be able to govern in God's way.

Diseases like cancer for example, occur when a cell stops obeying the signals sent by the brain, reproduces uncontrollably, seeks its own benefit, and ends up consuming the rest. In short, a cell that lives for itself contributes nothing to the body. The consequence is that it doesn't die alone; it puts the entire body at risk.

The same thing happens in the church when a believer or a ministry doesn't submit to Christ or the established authorities. If the believer doesn't align with the Word, doesn't honor the covenant, and doesn't walk in harmony with their brothers and sisters in faith; then it produces spiritual sickness in the body.

*For I am afraid that some of them have already gone astray and now follow Satan.*

**1 Timothy 5:15 NLT**

The human body only functions properly when the head governs it, sends signals, coordinates movements, and maintains balance. The heart doesn't decide on its own; the hand doesn't act independently, and the legs don't each walk independently. They all obey a single authority: the head (the brain).

*... growing in every way more and more like Christ, who is the head of his body, the church. He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.*

**Ephesians 4:15-16 NLT**

Without a head, there is no life. Without submission to authority, there is chaos.

The Word is to the church, what the nervous system is to the body: through it, the head communicates, gives instructions, connects all the members, corrects errors in real time, and directs the whole body. Only by being connected to the Head through the Word will we be guided by the Holy Spirit to do God's will.

*Thy word is a lamp unto my feet, and a light unto my path.*

**Psalms 119:105 KJVAE**

When the Word is not heard, it is not obeyed; and therefore, it is relativized. Then the body loses spiritual sensitivity, and each person follows their own plan. There is no way to be ONE because there is no clear instruction; we remain disconnected from heaven. We become like a body with two or more heads. It is impossible for the body of Christ to be ONE if there is more than one head.

The body is connected by blood. This represents the Covenant and gives life to each of its parts, maintaining unity. If circulation is cut off, the member dies even if it is externally connected because it cannot receive life. Christ said it this way:

*...This cup is the new testament in my blood, which is shed for you.*

**Luke 22:20 KJVAE**

It's not about belonging to a denomination or attending a congregation; it's about remaining in the covenant. It's about entering into that covenant through the power of agreement. Agreement produces harmony: one leg must advance the other, support the arms, balance, and move the body. If each part does its own thing separately, the person falls.

*... If two of you agree here on earth concerning anything you ask, my Father in heaven will do it for you.*

**Matthew 18:19 NLT**

Agreement doesn't eliminate differences; it organizes them under a common purpose and allows us to move forward despite them. Even better, it is because of these differences that we can grow, conquer, and govern. Through these differences, we can complement one another; in this way, no one will lack anything.

A healthy body grows, adapts, defends itself, reproduces, and matures.  
A healthy Church builds, conquers, liberates, and heals others, transforms territories, and governs.

*...grow up into him in all things, which is the head, even Christ.*

**Ephesians 4:15 KJVAE**

The human body teaches us without words:

One cell → one body → one Christ

One head → one government → one Christ

One system → one life → one Christ

One direction → one harmony → one purpose → one Christ

One accord → one Covenant, One Kingdom → one Christ

The church is a body and it only functions when each of its parts is subjected to the head, who is Christ.

**Application:**

How would you describe yourself in light of this body analogy? Are you part of the body? Where do you fit in?

Based on the description above: what do you receive from the body and what do you contribute to it?

How will you connect more deeply with it, and what will you do to give life to that body?

"Every cell that disconnects from the governance of the body dies; every believer who disconnects from the governance of Christ ceases to give life."

**Prayer**

Father, thank you for allowing me to be part of your body, your church. Thank you for empowering me to give your life and bring your light to those who do not know you. Today I want to ask you to help me and teach me to live in unity in your church, your body. I want to understand the position you have given me as your child within your church. I ask you to help me understand my role within the body so that I may fulfill my function within the divine purpose. Lord, today I renounce all disunity, and every thought and feeling I have allowed in the past to affect relationships and break the unity of your church. I acknowledge that I am NOT the head.

You are the head, and my desire is to receive Your instruction clearly so that I may be obedient and remain united to You. I renounce my own will and desires to live in alignment with Your will. I submit to Your authority and to the authorities You have established in the church. Today I bless my pastors, and I ask that You teach me to be one in You, to live in the purpose You have given me and the vision You have given to the church. I declare that I am part of one body, Your body; able to exercise Your authority; and to live in harmony with You, establishing Your Kingdom on this earth. I pray in the mighty name of Your Son Jesus. Amen!

