



**ONE**

Devotional 2026



**20 YEARS  
RESTORING FAMILIES  
WITH GOD**





# ONE TRUTH

JOHN 14:6 NLT

***JESUS TOLD HIM, “I AM THE WAY, THE TRUTH, AND THE LIFE. NO ONE CAN COME TO THE FATHER EXCEPT THROUGH ME.”***

According to the dictionary, truth is the agreement between what is said, thought, or believed and reality. That is, truth is the conformity of things with the concept that the mind forms of them.

However, since each person perceives and processes reality differently, each person constructs their own interpretation of what they consider to be true. From this point of view, truth becomes relative to individual perception. It is precisely here that disagreements and divisions arise: when a person is convinced of their interpretation, they assume it as absolute truth. For this reason, when someone presents a view that represents their honest way of understanding a situation, it is usually rejected by those who perceive the same situation differently.

Jesus never claimed to bring a truth or to reveal a different one. He claimed to be the truth. There is only one truth: the Word of our God and Father. This governs the entire universe, and by it, everything was created and everything subsists. That should be proof enough to trust in it.

*Jesus said to the people who believed in him, “You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free.”*

**John 8:31-32 NLT**

His teachings are the truth, and remaining in them is what allows us to know Him, experience Him, and verify that His plans for us are for our well-being; not for our suffering. Only by remaining in them can we verify that He created us to rule the earth with authority—His authority and dominion.

Truth has become relative with the proliferation of social media and the advancement of mass media. It seems that if many are convinced of something, it becomes such a powerful truth that it moves them, provoking trends that redefine the culture in which we live.

Subjectivity and freedom of thought, popularly known as "open-mindedness," have led humanity to value desires and individual well-being above the plan and purpose of our good God and Heavenly Father. This idea proposes solutions that sound very honorable, but in reality, the result is that it makes us slaves to our pleasures and generates an obsession with satisfying them. This leads us to live without self-control, without clear values, and without a purpose beyond achieving happiness.

*Make them holy by your truth; teach them your word, which is truth.*

**John 17:17 NLT**

The truth, the Word of God which is Christ Jesus, is what sanctifies us and sets us apart. His truth marks a distinction between the human and the divine; between the exclusive and the common. His truth leads us to live an abundant life where we find satisfaction in Him and in His will, not a life that seeks fun, adrenaline, and moments that stimulate emotions and feelings. This life of stimulation, although not lasting, keeps us addicted to entertainment, fleeting relationships, and the pursuit of things that make us feel that life is worth living but which lead us nowhere. All these things lack purpose and distance us from that for which we were created: to govern the earth, to place it under God's dominion, and for His good, pleasing, and perfect will to be done here as it is in heaven.

To be holy is to be different from everyone else; it is to understand that we are unique and exclusive. To be saints is to live set apart for that special purpose for which we were chosen; to exercise authority and transform everything. That is the truth that frees us from the slavery of the system that operates in the world.

Believing in and therefore living by that one truth makes us one body, a governing entity that decides what is done and what is not. Believing in and living in His truth gives us the authority to determine values according to what God says is right, and to liberate and guide all humanity to its glorious destiny. There is no excuse for not knowing the truth because the Holy Spirit is there to reveal it to us, guide us, and help us walk in it.

*"He is the Holy Spirit, who leads into all truth. The world cannot receive him, because it isn't looking for him and doesn't recognize him. But you know him, because he lives with you now and later will be in you."*

**John 14:17 NLT**

## Application

What source do you consult when you want to know the truth about something? Are you one of those people who believe everything they read on the internet or everything Google or artificial intelligence says? Have you ever been in a situation where you're sure you have the truth, but others are equally sure they're right? Give an example. What practical and intentional steps will you take to find out the truth?

## Prayer

Lord, there is only one truth and I choose to believe that You are that truth. You are the way. You are the truth. You are the life, and I choose to believe that You are who you say You are. I want to surrender to You every battle I have in my mind, and every obstacle that prevents me from accepting You as the truth. Holy Spirit, I give you authority over my mind so that You may lead me to the truth. I don't want the news or the things I constantly see on the internet to determine what I believe to be true. You have given me Your mind, and I will use it from now on to live in your truth. Your Word is truth, and I believe it. That is why today I choose to stop following the currents of thought of this world, and cling to You with all my heart so that You may rule my life. I want to be an instrument of Your authority and rule here on earth, and be an active part of Your church so that the world may know the truth: so that the world may know Jesus.

Thank you Father, for revealing Your truth to me! In Jesus' name. Amen!



20 years restoring families

